



RONNIE MUHL

PROFESSIONAL SPEAKER

Your summit awaits

Introduction for Ronnie Muhl

Ronnie Muhl is an athlete, adventurer, author and inspiring speaker, who appears both locally and internationally.

As an athlete, he has run over 100 marathons. He is a previous winner of the South African Masters Marathon championships for his age group and has a number of top 10 positions to his credit.

He has run 20 Two Oceans marathons, with a best position of 30th place, in 3 hours and 34 minutes, and he has run 11 Comrades marathons.

As an entrepreneur, he successfully manages three businesses: a speaking and training consultancy, a mountain adventure organisation and a financial planning practice.

As an author, he has written *Inspiration A treasury of wisdom* and the second book in his Inspiration series will be available soon. Ronnie has also written of the adventures leading up to his summit of Mt Everest in *Everest Surviving the Death Zone*.

As an adventurer, he is on a quest to climb the Seven summits and in 2007 became the 7th South African to summit Mt Everest via the North-east Ridge.

In the last two years he has spent four months on the North Face of Mt Everest and what he endured there has changed his life forever. What he has to share might very well change yours. So, make sure your harness is buckled and your rope is tight, as Ronnie Muhl will no doubt take you right to the edge and when he finally brings you back, you will have glimpsed your very own Everest, with all its tears and triumphs.

Please join me in welcoming Ronnie Muhl.